

Sydney Street Health Centre



Newsletter – August/September 2025

Hi everyone,

We hope you are keeping well and looking after yourselves. Spring is upon us and we hope you are making the most of these nice sunny days!



4 Sydney Street
Palmerston North 4414



(06) 356-7345



reception@sydneysthealth.co.nz

Opening Hours 8.30am to 5.30pm
Monday to Friday
Closed Weekends and
Public Holidays

GPs/NPs

Dr Geoffrey Carden
Dr Anna Eglinton
Dr Andy Williams
NP Rachael Parkinson

Practice Manager

Monique

Nurses

Katie
Letitia
Sandra
Wendy
Amanda

Receptionists

Sarah
Nicki
Debbie



New GP

Dr Geoffrey Carden has been with us for a week now and is doing very well and getting acquainted with the NZ way of doing things. We encourage you to book with him for an appointment for your 3 monthly review so you can meet him. Dr Robson's clinics have now finished, however, he will still be here for annual leave/sick leave cover as a locum.

Dr Carden and Nurse Practitioner Rachael Parkinson are currently taking on patients from out of the area or who do not have a GP. At present all of Dr Robson's patients will move over to Geoffrey. Please let us know if you would like to transfer to Rachael.

New Nurse

Amanda Read will be joining the practice as a Practice Nurse Prescriber at the end of September. Amanda comes with a wealth of nursing experience. We look forward to her joining the team!



Website

Our website is up and running and it is updated regularly.
Please head to:

www.sydneythealth.co.nz

Account Payments

Did you know your account can be paid in several ways?

- Online Payments through your banking app.
- Paying via credit card over the phone.
- Coming into the practice and paying at Reception using Cash or EFTPOS.
- Payment plans.

When you are making payments online, please put your chart number as reference (chart number is on the end of your monthly statement or any invoice).

If you are finding your bill hard to manage or it's getting away on you, we encourage you to make weekly payment plans to pay it off. Online payments can be made to 03-0726-0570950-00. Talk to our reception staff if you wish to discuss this further.

What is expected at your consultation.....

If you present with a list of problems please do not be offended if we ask you to make another appointment to manage the other problems. Where possible please identify the main problem concerning you at the start of the consult. We kindly ask you to consider this when seeing your clinician and we may apply extra charges for extended consults.

A message book for Dr Robson

We have created a book for Dr Robson if you would like to write a message for him before he retires. This will be a nice keepsake for him. Even if you do not have an appointment, please feel free to pop down and sign the book or write a message. The book will be kept in the Waiting Room of the practice.

**"I have not failed.
I've just found
10,000 ways that
won't work."**

—THOMAS A. EDISON

From The Team at Sydney Street Health Centre

